

Quinoa

Cat. No. HMF-003

Background

It has a high nutritional value, rich in vegetable proteins, and an excellent balance of essential amino acids. It is a gluten-free product.

Product Overview

A 100% natural and organic product with no additives or preservatives.

Grade

First

Net Weight

250 g, 500 g/pkt

Benefits

Quinoa is a health-promoting superfood known for its high nutritional content. It is an excellent source of complete protein, providing all nine essential amino acids. This makes it especially beneficial for vegetarians. From heart health to digestion, this nutrient-dense grain is rich in dietary fiber, essential vitamins, and complete protein.

Incorporating quinoa into your diet can boost your overall health and contribute to a balanced, healthy lifestyle.

Applications

It can be added to soups, used as cereal, and pasta, or even fermented to make beer or traditional drinks. It has a nutty flavor when cooked.

Store

Cool, dry, away from ignition source, and avoid placing with corrosive products.

Shelf Life

24 months