

Walnut Oil

Cat. No. NOP-007

Lot. No. (See product label)



Product Name

Walnut Oil

Botanical Source

Juglans regia

Appearance

Light yellow transparent oily liquid.

Plant Part Used

Walnut kernel

Description

Walnut oil is a flavorful and nutritious oil extracted from the kernels of walnuts. It is a rich source of essential fatty acids, antioxidants, and vitamins, making it a valuable addition to a healthy diet.

Application

Walnut oil is commonly used in salad dressings, marinades, and sauces, as well as in skincare and hair care products.

Function

Improve heart health. The Omega-3 fatty acids in walnut oil may help lower cholesterol levels and reduce the risk of heart disease.

Reduce inflammation. The antioxidants and polyphenols in walnut oil have anti-inflammatory properties that may help reduce inflammation throughout the body.

Improve brain function. Walnut oil may help improve cognitive function and reduce the risk of neurodegenerative diseases.

Healthy skin. The vitamin E and antioxidants in walnut oil nourish the skin and protect it from free radicals and environmental stressors.

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