

Water Chestnut Flour



Cat. No. *FIP-019*

Lot. No. (See product label)

Product Name

Water Chestnut Flour

Parts Used

Chestnut

Form

Powder

Color Appearance

Off white color powder.

Product Applications

Nutritional supplements, cosmetics, herbal teas, capsules, tablets, functional foods and beverages.

Product Offerings

Water chestnut flour.

Product Description

Water chestnut flour is a gluten-free, nutrient-rich flour made from dried and ground water chestnuts. It is a staple in Indian and Asian cuisines, particularly during fasting periods, due to its high energy content and easy digestibility. Packed with essential nutrients like potassium, iron, zinc, and B vitamins, it supports heart health, boosts immunity, and aids in digestion. With its slightly nutty, sweet flavor, water chestnut flour is used to prepare pancakes, dumplings, or as a thickening agent in soups and gravies.

FOR RESEARCH OR FURTHER MANUFACTURING USE ONLY